

Motlow State Community College is committed to the mental health wellness of its students, faculty and staff. As such, and in compliance with the requirements of **T.C.A. § 49-7-172**, Motlow has developed a suicide prevention plan that engages in a variety of initiatives to improve and provide crisis services.

Motlow's Suicide Prevention Plan will be disseminated to faculty, staff, and students each academic term. Motlow will disseminate the Suicide Plan to faculty, staff and students each academic term via campus email and post on the Motlow Counseling Services website. The Compliance Officer will disseminate the plan and record each dissemination.

Prevention

Motlow has developed a comprehensive approach to increase mental health awareness through efforts of prevention.

Contact

Motlow's contact for suicide prevention work is the Motlow Counseling Services Office 931-393-1960.

Prevention Components & Resources

Key components of Motlow's suicide prevention work include:

- A suicide or mental health wellness syllabus statement included on Faculty Syllabi for all courses.

Motlow is committed to and cares about all students. Support services are available for any person at Motlow who is experiencing feelings of being overwhelmed, hopelessness, depression, thinking about dying by suicide, or is otherwise in need of assistance. For immediate help contact the National Suicide Lifeline Number **988** or Text "TN" to **741741**. For Counseling Services on campus, please email counseling@mscc.edu or call **931-393-1960**.

- Promotion of the National Suicide Prevention Lifeline, Crisis Text Line, and campus/community resources are made available through:
 - [Motlow Counseling Services website](#), and
 - Through additional methods that include brochures, flyers, posters.

- Utilizing community resources and agencies to provide prevention services for Motlow community members. Motlow has established relationships with the following local Mental Health facilities for the purpose of providing prevention education and training.
 - [TSPN - Tennessee Suicide Prevention Network](#) provides in-person training and programming. **(615) 297-1077**. TSPN will provide annual QPR (Question, Persuade, Refer) training to faculty and staff.
 - Certified QPR Trainer will provide General Psychology courses with 1-hour QPR training.

Counseling Services are available on each Motlow campus. Information regarding the relationship with TSPN is available at all Counseling Services Offices. The staff there will make available to members of the Motlow community a comprehensive list of partners and services, which may include crisis referral services, prevention screenings, training programs, etc. Any member of the College community who is interested in accessing the services/agencies and training noted above, or for more information about Motlow's suicide prevention efforts, should contact a Motlow Licensed Therapist at **931-393-1960**.

Intervention

There is no typical suicidal person. No age group, ethnicity, or background is immune. Fortunately, many troubled individuals display behaviors deliberately or inadvertently that signal their suicidal intent. Recognizing the [warning signs](#) and learning what to do next may help save a life.

Contact

If someone exhibits behavioral patterns that may indicate possible risk for suicide, they should be watched closely. If the patterns appear to be numerous or severe, seek professional help at once. **The National Suicide Prevention Lifeline can be reached at 988 and provides telephone access to trained counselors, 24 hours a day, 7 days a week.**

Another option is the Crisis Text Line, which can be reached by texting "TN" to 741741.

If a student, faculty, or staff member encounters a suicidal student, faculty, or staff member, the following individual should be contacted immediately:

A Motlow Licensed Therapist is to be notified should you encounter a suicidal student, faculty or staff member. The number is **931-393-1960**

Consider if the suicidal person has plans and access to a lethal means, is planning to make an attempt very soon, or is currently in the process of making an attempt. The individual is in imminent danger and should not be left alone.

Get the person help immediately by calling 911 and the Public Safety Officer on your campus:

- Fayetteville: 931-433-9364
- McMinnville: 931-393-1632
- Moore County: 931-393-1737
- Smyrna: 615-220-7937

A Motlow Licensed Therapist will respond to the student who is contemplating suicide. If a Licensed Therapist is unavailable, the Campus Dean should be contacted.

Simultaneously, contact Mobile Crisis at **855-274-7471**.

If any faculty, staff, or student is severely depressed and/or potentially suicidal after administrative business hours, call the National Suicide Prevention Lifeline at **988**. And if they are actively suicidal, call **911**.

Intervention Resources

Motlow has established relationships with the following local Mental Health facilities for the purpose of crisis referral services.

[TN Mobile Crisis Services](#) (**855-274-7471**) provides crisis response. Services may include: Telephone services provided by trained crisis specialists; face-to-face or telehealth assessment; referral for additional services & treatment; stabilization of symptoms; follow-up services; etc.

[Mental Health Cooperative](#) (MHC) (**615-726-0125**) provides a 24-hour walk-in crisis center, located in Davidson County. MHC's emergency psychiatric services are available at this location 24/7 at no cost. Walk-ins are permitted at Metro Center Campus, 275 Cumberland Bend, Nashville, Tennessee 37228.

The safety and wellbeing of our students, faculty, and staff is of the utmost importance. In situations that require immediate action because of safety or other concerns, Motlow will take any reasonable administrative action or accommodation protocols that are appropriate. Such interim actions may include, but are not limited to adjustments to schedules; ADA accommodations; adjustments of course and exam schedules; facilitation of hold; harmless, voluntary withdrawals; incompletes; etc.

Postvention

Because all student, faculty, and staff deaths affect our college community, whether that death is accidental, due to illness, or the result of self-inflicted injury, it is important for Motlow to respond to and recognize all deaths in a consistent manner. College leadership and departments tasked with communicating internally and externally have developed a protocol that includes a campus response to any student, faculty, or staff suicide to decrease the trauma experienced by the students and other college community members. The rationale is to address those who are left behind and to help prevent further suicides.

Contact

If a student, staff, or faculty member death occurs by suicide, the following persons, or their designees, should be notified immediately:

- Vice President of Student Success **615-880-7970**
- Motlow Licensed Therapist **931-393-1960**

Comprehensive Response Protocol

Motlow comprehensive suicide prevention, intervention, and postvention protocol is available to the campus community, campus administration, etc. For more information, please contact a Motlow Licensed Therapist at **931-393-1960**.